



Department Source: Public Health and Human Services

To: City Council

From: City Manager & Staff

Council Meeting Date: June 20, 2016

Re: Report: Single/Young Parent Programs

Executive Summary

This report is provided in response to the Council’s request for information regarding single/young parent programs (Project Number 4113). The City of Columbia provides and purchases a variety of health, human, and housing services which support young parents, as described below.

Discussion

The programming currently being purchased specifically for young families is the Resource Parents program provided by Lutheran Family and Children’s Services. This program provides intensive case management and home visitation services to pregnant/parenting teens. This programming is intentionally purchased to compliment the City’s own Healthy Families America home visitation program which also provides case management, home visitation, developmental screenings, and parent education to high-risk, young families.

The goals of both programs include positive birth outcomes, infant well-being, child abuse/neglect prevention, kindergarten readiness, and economic opportunity for families. In addition, the City purchases a number of health, human, and housing services, from community-based providers, which are available to young parents in low-income households:

Department	Provider	Service
Public Health and Human Services	Community Garden Coalition	Community Gardening
	Food Bank for Central and Northeast Missouri	Central Pantry
	Reality House, Inc.	PMI- Transitional Shelter
	Salvation Army	Harbor House Emergency Shelter
	True North of Columbia, Inc.	Supportive Services
	True North of Columbia, Inc.	Counseling
	True North of Columbia, Inc.	Emergency Shelter
	True North of Columbia, Inc.	Transitional Housing
	Voluntary Action Center	Meeting Basic Needs
	Welcome Home, Inc.	Homeless Veterans Program (transitional shelter)



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	Wilkes Blvd. United Methodist Church	Turning Point (homeless drop-in center)
	CHA Low-Income Services, Inc.	Money Smart- Financial Literacy Program
	CHA Low-Income Services, Inc.	REWARD (employment subsidy)
	In2Action	Transitional Work Program
	Job Point	Job Works Employment Services
	Voluntary Action Center	Essential Transportation
	Youth Empowerment Zone	EARN (youth economic opportunity)
	Compass Health (dba Family Counseling Center)	Behavioral Health Programming
	Phoenix Programs, Inc. (dba Phoenix Health Programs)	Case Management
	Phoenix Programs, Inc. (dba Phoenix Health Programs)	Substance Abuse Treatment
Community Development	Habitat for Humanity	Affordable Home Ownership
	Job Point	Youth Build (vocational training)

The City also provides a number of health, human, and housing services which, while not specifically targeted to young parents, are available to young parents:

Department/Provider	Service
Public Health and Human Services	Pregnancy Support
	Home Visitation
	Family Planning/Women's Health
	Teen Outreach program (TOP)
	Utility Assistance
	Women, Infants, & Children (WIC)
	Medication Assistance
	Dental Pain Relief
Community Development	Immunizations
	Affordable Housing Development
	Microloans
	Home Ownership Assistance
Transit	Energy Efficiency Home Improvements
	Public Transit

There are also a significant number of resources in the community which are available to young parents:

Provider	Service
Columbia Public Schools	CRIBS
	Parents as Teachers
	Adult Education
	Career Center
	Free and Reduced Lunch
Central Missouri Community Action Agency	Head Start
Columbia Housing Authority	Public Housing
	Housing Choice Vouchers



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State of Missouri	Child Care Assistance
	SNAP (Food Stamps)
	Columbia Job Center
	MoHealthNet (Medicaid)

* This list is not intended to be comprehensive.

A lack of economic opportunity is increasingly making upward social mobility more challenging in our community, state, and nation. There is a high correlation between economic outcomes and educational achievement. Therefore, the City of Columbia provides children, youth and family services intended to support a quality childhood experience which results in the highest possible level of academic achievement for every child, with an emphasis on low-income families:

Department/Provider	Service
Public Health and Human Services	Teen Outreach Program (TOP)
Parks and Recreation	Career Awareness Related Experience (C.A.R.E.)
	Camp CoMO KIDZ
	Sports and Recreation Programs

The City also purchases children, youth and family services from community-based providers:

Department	Provider	Service
Public Health and Human Services	Big Brothers Big Sisters of Central Missouri	Community-Based Mentoring
	Boys and Girls Club of Columbia	After-School Program
	Boys and Girls Club of Columbia	Summer Day Camp Program
	CHA Low-Income Services, Inc.	Moving Ahead Afterschool Program
	CHA Low-Income Services, Inc.	Moving Ahead Summer Program
	Child Abuse & Neglect Emergency Shelter, Inc. (dba Rainbow House)	Child Advocacy Center
	Child Abuse & Neglect Emergency Shelter, Inc. (dba Rainbow House)	Teen Shelter
	Community Playground of Columbia, Inc. (dba Fun City Youth Academy)	Fun City Summer Academy
	Heart of Missouri CASA	Heart of Missouri CASA (child advocacy)
	Lutheran Family and Children's Services	Resource Parents (case management for pregnant teens)
Phoenix Programs, Inc. (dba Phoenix Health Programs)	Project Apex (behavioral health)	
Community Development	Job Point	Youth Build (vocational training for youth)

With a goal of ensuring all students graduate from high school ready for college or career, the City of Columbia was a founding partner in the Cradle to Career Alliance (C2CA). The C2CA is a group of influential institutions and businesses organized around a common goal of collectively reducing the achievement gap, by improving the performance of all students in our public schools, through the alignment of policies and services built on what works (evidence).



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Teen pregnancy is also highly correlated with poor economic outcomes for families. Therefore, the Department of Public Health and Human Services provides services intended to prevent teen pregnancy including family planning services and the Teen Outreach Program (TOP).

Affordable housing is a significant and growing challenge in our community. Increasing the amount of affordable housing for low and moderate income families is a priority in the City of Columbia Consolidated Plan. We also lack emergency shelter and transitional housing for pregnant teens.

It is important to note that with the passage of the Boone County Children's Services Tax, the County of Boone now has significant resources to address issues related to children and youth ages 19 and younger, and their families, including youth homelessness. The Heart of Missouri United Way also purchases a significant number of safety net and income in the community. The City of Columbia, Boone County, and the United Way work very closely together to coordinate the provision and purchase of health, human, and housing services.

Additional Resources:

City of Columbia- Social Services Process and Contracts

<http://www.como.gov/health/human-services/social-services/social-services-funding-information/>

City of Columbia- CDBG/HOME Program and Grants

<http://www.como.gov/community-development/neighborhoods/federal-housing-programs-cdbg-and-home/>

Heart of Missouri United Way

<http://www.uwheartmo.org/>

Boone County- Community Services

<https://www.showmeboone.com/communityservices/>

Columbia/Boone County Resource & Referral Guide

https://www.como.gov/health/wp-content/uploads/sites/13/2016/02/ResourceReferralGuide_2-16.pdf

211 United Way Missouri/Illinois

<http://www.211helps.org/>

Fiscal Impact

Short-Term Impact: Currently, City funding provides \$48,000 to purchase services specifically for young families (Resource Parents program). The City also purchases \$729,351 in other community-based services which are available to young parents, as described in the report.

Long-Term Impact: \$0

Vision & Strategic Plan Impact

Vision Impacts:

Primary Impact: Health, Social Services & Affordable Housing, Secondary Impact: Not Applicable, Tertiary Impact: Not Applicable



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Strategic Plan Impacts:

Primary Impact: Not Applicable, Secondary Impact: Not Applicable, Tertiary Impact: Not Applicable

Comprehensive Plan Impacts:

Primary Impact: Not Applicable, Secondary Impact: Not applicable, Tertiary Impact: Not Applicable

Legislative History

Date	Action
N/A	N/A

Suggested Council Action

This is for informational purposes.