



Department Source: Parks and Recreation

To: City Council

From: City Manager & Staff

Council Meeting Date: April 15, 2019

Re: Amending Chapter 2 to reduce the number of members on the Mayor's Council on Physical Fitness & Health

Executive Summary

The Mayor's Council on Physical Fitness and Health was originally established on March 1, 1999 with 17 voting members. The Council thrived for approximately 15 years; but in more recent years, reaching a quorum of 9 members proved to be difficult resulting in only five meetings in 2014-2017. At their April 3, 2018 meeting, the Mayor's Council voted to request permission from City Council to reduce their membership from 17 to 13 members. In order to meet that goal, staff requested permission from Council to withhold advertisement of any new vacancies based on resignations or forfeitures until the Mayor's Council reaches the desired target of 13 members. On April 2, 2019, P&R staff received a resignation from a member of the Mayor's Council, and it now stands at 13 members. Staff is requesting a change to the ordinance reducing the membership from 17 to 13 members.

Discussion

On March 1, 1999, the Columbia City Council adopted a resolution officially establishing the Columbia Mayor's Council on Physical Fitness and Health. The mission of the Council is to improve the physical fitness and health and enhance the quality of life of all citizens of Columbia and Boone County. The Mayor's Council is charged with the following duties:

1. Promote and support the mission of the United States President's Council on Physical Fitness and Sport at the municipal level.
2. Sponsor and support local physical fitness and health promotion activities.
3. Educate the public about the importance of regular physical activity, nutrition, smoking cessation, weight control, and other health promoting activities.
4. Support and encourage individuals, civic groups, professional associations, and other organizations to promote personal health and fitness.
5. Identify local fitness and health resources and facilitate their involvement in the promotion of fitness and health activities.
6. Recognize outstanding programs, contributions and individual achievements in physical fitness and health promotion.
7. Submit an annual report to the city council.
8. Assist schools, businesses and other organizations in developing and implementing physical fitness and health promotion programs.
9. Work in concert with City administration in preparation and submission of grant requests.

In 1999–2001 the planning process for the Activity & Recreation Center was underway and this committee was instrumental in helping build community and ultimately voter support for the ARC. Many activities were planned by the Mayor's Council with P&R staff providing



City of Columbia

701 East Broadway, Columbia, Missouri 65201

support. About 12-14 years after the ARC was completed, the number of applicants to the Mayor’s Council decreased, which impacted the Council’s ability to conduct activities and events. Unfortunately, it became increasingly difficult reaching a quorum of 9 members based on the established 17 member commission.

In 2014, the Mayor’s Council met one time. In 2015 the commission did not meet. In 2016 and 2017 the commission met two times each year. Starting with the February 6, 2018 meeting, the Mayor’s Council has been meeting with very few cancellations. However, there have been some meetings where only the minimum number of members required for a quorum was available.

At their April 3, 2018 meeting, the Mayor’s Council voted to seek City Council permission to reduce their official membership from 17 to 13 members.

On April 2, 2019 staff received a resignation from a member of the Mayor’s Council, and the commission now stands at the desired target of 13 members. Staff is requesting Council approval of the ordinance that reduces the membership from 17 to 13 members.

Fiscal Impact

Short-Term Impact: NA

Long-Term Impact: NA

Strategic & Comprehensive Plan Impact

Strategic Plan Impacts:

Primary Impact: Social Equity, Secondary Impact: Not Applicable, Tertiary Impact: Not Applicable

Comprehensive Plan Impacts:

Primary Impact: Livable & Sustainable Communities, Secondary Impact: Not applicable, Tertiary Impact: Not Applicable

Legislative History

Date	Action
03/01/1999	(Resolution R44-99) Establishing the Mayor’s Committee on Physical Fitness and Health.
05/07/2018	(REP36-18) Council report seeking permission to withhold advertisement of the Mayor’s Council until desired membership of 13 members is met.

Suggested Council Action

Approve the legislation that reduces the membership of the Mayor’s Council on Physical Fitness and Health from 17 to 13 members.