



# City of Columbia, Missouri

## Meeting Agenda

### Mayor's Council on Physical Fitness and Health

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Thursday, December 4, 2025  
4:30 PM

Regular

ARC Meeting Room  
1701 W. Ash

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I. CALL TO ORDER

II. INTRODUCTIONS

III. APPROVAL OF AGENDA

IV. APPROVAL OF MINUTES

Attachments: [Nov 2025 minutes.pdf](#)

V. TREASURER'S REPORT

VI. OLD BUSINESS

- Winter Well Being Expo
- Mayor's Council awards

VII. NEW BUSINESS

- Rescheduling of January meeting

VIII. GENERAL COMMENTS BY PUBLIC, MEMBERS AND STAFF

IX. NEXT MEETING DATE

X. ADJOURNMENT

Members of the public may attend any open meeting. For requests for accommodations related to disability, please call 573.874.CITY (2489) or email CITY@CoMo.gov. In order to assist staff in making the appropriate arrangements for your accommodation, please make your request as far in advance of the posted meeting date as possible.

USB DRIVES PROHIBITED: A speaker who desires to display a presentation must upload the presentation, in advance, to the city network using an upload portal. To upload your files and learn more, visit [CoMo.gov/upload](http://CoMo.gov/upload).