

Mayor's Council on Physical Fitness and Health

Activity & Recreation Center (ARC)

1701 W. Ash Street, Columbia, Missouri

Thursday, July 3, 2025

Meeting Minutes

Members Present: Candace Rodman, Chris Harrison, Liz Harrison, Robert Walker, Julie Calfee, Sasha Pass, Susie Miller, Jamie Szabo, Cathy Dolles

Members Absent: Clair Jobes, Teresa Gooch, Leslie DeSha

Members Absent (unexcused): Gwendolyn Jones

Staff Present: Tammy Miller

Call to order: Meeting called to order by Chair Candace Rodman.

Approval of Agenda: Agenda was approved on a motion by Chris Harrison, seconded by Walker, 7-0.

Approval of Minutes: Minutes were approved on a motion by Walker, seconded by Pass, 7-0.

Treasurer's report: No report this month.

(Calfee and Susie Miller arrived).

Old Business

Mini grant application

Rodman reviewed the last subcommittee meeting, which discussed offering up to four \$500 grants. She is working on the application which is about ready to distribute. Gooch is working on a scoring rubric. The Council discussed starting to promote the program in August, to take effect with the new fiscal year in October.

Liz Harrison suggested that if an applicant has a request under \$500 that it be reworded.

Rodman asked the marketing committee if they could develop a promotional piece. Chris Harrison said he would take care of it.

New Business

Event planning timeline

The Council discussed future events. The Winter Well-Being Expo will be Saturday, Feb. 21. The Council will plan to table at the Farmers Market that day to encourage participation. If plans

don't change, the Mayor's Mile could be Sunday, May 17 to coincide with the end of Bike, Walk and Wheel Week. The Mayor had mentioned planning a different location for the next one. The awards ceremony will be held in April, with applications open on Jan. 1 and closing on March 15.

General Comments by Public, Members and Staff

Chris Harrison mentioned that February through May seem busy with planned events, but the rest of the year does not. He suggested possibly moving the Mayor's Mile in the fall?

Liz Harrison said that the name could be rebranded to be Move with the Mayor, which is a nation-wide campaign. The Council discussed other ideas such as using the event to become more of a communication type of tool and also to identify ways to improve walkability.

Dolles mentioned the see, click, fix City app that residents can use to report accessibility or other issues.

Walker mentioned Oct. 4 as a Mizzou bye week that might have potential for an event.

Chris Harrison commented that he will be absent from the August meeting. Liz Harrison will be absent from the August and September meetings.

Next Meeting:

Thursday, Aug. 7, 2025 at 4:30 p.m.

Meeting adjourned at 5:29 pm on a motion by Susie Miller, seconded by Pass.