



City of Columbia, Missouri

Meeting Minutes - Draft

Board of Health



Thursday, September 12, 2019
5:30 PM

Regular

Department of Public
Health and Human
Services
Training Room 1
1005 W. Worley St.

I. CALL TO ORDER

Dr. Szewczyk called the meeting to order at 5:33 pm.

II. APPROVAL OF AGENDA

III. APPROVAL OF MINUTES

Attachments: [July 11, 2019 Minutes-DRAFT](#)

A motion was made by Ms. Rubin and seconded by Ms. Boley and carried

IV. OLD BUSINESS

PDMP

Ms. Browning presented the board with the 2018 Annual Report of the Prescription Drug Monitoring Program.

The program launched in April 2017 and the City of Columbia and Boone County enacted legislation during the first and second implementation phases. Early on St. Louis County received a grant allowing all counties to join at no cost. They're hoping the grant will be renewed so that the program may continue to be free for all counties. If the grant does not continue the cost will be minimal. The goals of PDMP are to improve controlled substance prescribing, inform clinical practice, and reduce the number of people who misuse, abuse, or overdose.

As of March 31, 2019 72 jurisdictions have joined the PDMP, representing over 84% of Missouri's population, as well as 94% of the health care providers. Ms. Phillips asked what would cause a county to not want to participate, was it due to price? Ms. Browning stated that it was most likely related to privacy issues. The funding from the grant made the cost free to everyone.

Providers must be registered to be able to access the system. Recently hospitals could credential their providers, but there are not any that have done so in Boone County yet. The number of patient searches per day continues to increase. She went on to state that 8,500 physicians, delegates, optometrists and podiatrists are registered statewide.

When looking at dispensation rate by age and gender, females received higher rates of schedule II-IV drugs than males, except for those under 18 years of age. Opioids are 44% of all medications dispensed.

When considering the opioid dispensation rates by jurisdiction, the overall system rate is 696 per 1000 and Boone County is lower at 536.7 per 1000. Ms. Williams asked how this information is collected. Ms. Browning and Mr. Clardy both confirmed that the information is collected when the pharmacist inputs all the information into the system. Dr. Szewczyk asked if a company such as Wal-Mart in a non-participating county could be asked to enter the information. Ms. Bass stated that the legislation is drafted as such that it's a requirement, but essentially it is voluntary as there are no consequences for not doing so. Ms. Browning stated that there is 100% compliance in Boone County. Dr. Gadbois asked if someone is checking this data as she feels as though she sees patients she has prescribed medication to and they request a refill days later. Ms. Browning stated there could be a lag in the system up to a week.

The top 3 drug dispensations are hydrocodone, oxycodone and tramadol. Payment type for controlled substance dispensed is pretty level across the board. While Medicaid makes up 15% of the population it represents only 10% of the prescriptions dispensed. Medicare accounts for 20% of the dispensed prescriptions.

The average length of a prescribed opioid was 17.3 days. Dr. Szewczyk stated it would be interesting to know what those numbers would have been 10 years ago.

When considering stimulant dispensation rates, again Boone County is a little higher than the system wide rate, but not significantly higher. These are the

medications that would be used to treat hyper activity disorder. The normal prescription length is 30.4 days. In this case, St. Charles County had the highest dispensation rate at 487.5 per 1000 and Polk County had the lowest at 41.2 per 1000.

Unclassified Controlled Substances are mainly hormones and steroids. The average prescription length was 32.5 days. Boone County's rate was higher than the system wide rate. Butler County residents had the highest rate over all with 164.4 per 1000 and Barry County had the lowest at 27.5 per 1000.

Muscle Relaxant dispensation in Boone county is lower overall compared to the rest of the state. Ms. Browning stated that the message was out about being careful with prescribing and she believed that the message was being heard.

Dr. Szewczyk asked if the big hole in Callaway County was due to privacy issues. Mr. Clardy stated a few years back when he was a Callaway County citizen, he offered to go to County Commission and speak to them about the PDMP, but they were not interested. Ms. Williams stated it may be something to pursue again now since it's been a few years.

VI. REPORTS

A. Introduction of new members: Dr. Szewczyk started with the introduction of two new board members, Ms. Kathleen McKinney and Ms. Paula Williams. Ms. McKinney received her Master's degree in Public Health in 2016. In college, she was involved in a peer health educators' group. Currently, she works for the PedNet Coalition, which is a pedestrian and cycling transportation advocacy group. Ms. Williams has been in Columbia most of her life. She went back to school and received a degree in nursing with an emphasis in Public Health. She also started a nonprofit Boone County Minority Health Network. Dr. Szewczyk asked each of them why they decided to become members of the board. Ms. Williams responded that Public Health is her passion. Ms. McKinney said that it was the same as Ms. Williams and that it's always something she had been interested in. The board then introduced themselves to the new members.

B. Dr. Szewczyk briefly discussed the report that was released by the Missouri Department Health and Senior Services on vaping. Dr. Gadbois asked if Dr. Szewczyk could go over all of the symptoms. Since Dr. Szewczyk wasn't familiar with all of the cases, he could only speculate that it could be related to people trying to smoke cannabis in oil form, with the oil itself an issue. Mr. Clardy stated that they are urging people not to purchase oils off the streets or online. Ms. Phillips asked where we were at on Tobacco Retail Licensing (TRL 21). Ms. Browning said it had passed and Mr. Clardy said that licenses had been issued and inspections had begun with Environmental Health Inspectors. There will be a new part-time position for TRL 21 in FY20.

C. Ms. Browning stated that the City Budget was scheduled for adoption on Monday. With the reductions in the budget, PHHS lost a nurse practitioner position that has been vacant for 18 months. PHHS is getting the half-time tobacco enforcement position as well as a new Environmental Health Specialist. Ms. Browning went on to say that there was a 160% increase in food inspections since 2009. Dr. Szewczyk asked about how the half time enforcement officer was put in the budget. Ms. Browning stated that PHHS requested it and the City Manager agreed it was necessary. Ms. Browning stated that PHHS would hire 18, 19 and 20 year olds to test retailers and make sure they were properly following TRL 21. Dr. Szewczyk stated that this is the first time the city has been able to do this without grant money and also asked over all how the budget looked for this fiscal year. Ms. Browning stated that overall it looks good and typically, over the last 6 years, PHHS has taken major cuts. However this year PHHS didn't have as many major cuts as other departments did. Dr. Szewczyk asked how the animal control staff budget looked. Mr. Clardy stated for the first time they are fully staffed and Ms. Browning stated that they have done an increase for cost of living for the Humane Society. Ms. Browning stated that they are planning on increasing permit fees for food facilities, tattoo parlors, swimming pools, impoundment, and daily boarding.

Legislative Report: Mr. Clardy stated that Senate Bill 391 was a bill that was passed by the state legislature and signed by the Governor back in May. This bill prohibits county commissions and county health departments from passing agricultural restrictions stricter than state regulations (specifically DNR regulations for CAFOs or Concentrated Animal Feeding Operations.) It was the intentions of the bill's sponsor that the law would be retroactive so any existing CAFO ordinances would no longer be in effect. A lawsuit was filed against the Governor, the Missouri Cattleman's Association, Missouri Pork Association,

Missouri Farm Bureau, and the Missouri Clean Water Commission and others. The suit was filed by Cedar County Commission, Cooper County Public Health, Friends of Responsible Agriculture and some private citizens. The bill was scheduled to go into effect on August 28, but earlier in August, a Cole County judge issued a temporary restraining order on the bill taking effect and scheduled a hearing on the lawsuit which was scheduled for September 16, 2019. In the meantime, last Friday, the case was reassigned to a different Cole County judge who rescinded the temporary restraining order and reschedule the hearing on the lawsuit to December 2019. Thus, as of yesterday the law is now in effect. Mr. Clardy stated there are two dozen ordinances in existence. Dr. Szewczyk asked if Cooper County had implemented any such ordinances. Mr. Clardy stated that they had originally put an ordinance in place, then were sued by over 100 people, and repealed that ordinance. They implemented a new ordinance in July. Moniteau County originally was going ahead and pursuing an ordinance but have decided not to do so. Dr. Gadbois asked if there were any CAFOs in Boone County. Ms. Browning did confirm that there were a few.

VII GENERAL COMMENTS BY PUBLIC, MEMBERS AND STAFF

Ideas for future Board of Health meeting topics include:

- a. Vision Zero Update
- b. Animal Control with Molly Aust and Julie from the Humane Society
- c. Vaping
- d. Boone Hospital severing ties with BJC and moving to become an independent hospital.

VIII. NEXT MEETING DATE

October 10, 2019

IX. ADJOURNMENT

Motion made by Dr. Gadbois and Seconded by Ms. Phillips and carried at 7:05 pm.

Members of the public may attend any open meeting. For requests for accommodations related to disability, please call 573-874-CITY (573-874-2489) or email CITY@CoMo.gov. In order to assist staff in making the appropriate arrangements for your accommodation, please make your request as far in advance of the posted meeting date as possible.