



Department Source: Parks and Recreation

To: City Council

From: City Manager & Staff

Council Meeting Date: May 7, 2018

Re: Request to reduce the number of members on the Mayor's Council on Physical Fitness & Health

Executive Summary

The Mayor's Council on Physical Fitness and Health was originally established on March 1, 1999 with 17 voting members. The Council thrived for approximately 15 years; but in more recent years, reaching a quorum of 9 members proved to be difficult resulting in only five meetings in 2014-2017. At their April 3, 2018 meeting, the Mayor's Council voted to request permission from City Council to reduce their membership from 17 to 13 members. In order to meet that goal, staff is requesting Council permission to not advertise any new vacancies based on resignations or forfeitures until the Mayor's Council reaches the desired target of 13 members. If agreeable, staff will return to Council with a request to change the legislation that officially establishes the Mayor's Council of Physical Fitness and Health membership.

Discussion

On March 1, 1999, the Columbia City Council adopted a resolution officially establishing the Columbia Mayor's Council on Physical Fitness and Health. The mission of the Council is to improve the physical fitness and health and enhance the quality of life of all citizens of Columbia and Boone County. The Mayor's Council is charged with the following duties:

1. Promote and support the mission of the United States President's Council on Physical Fitness and Sport at the municipal level.
2. Sponsor and support local physical fitness and health promotion activities.
3. Educate the public about the importance of regular physical activity, nutrition, smoking cessation, weight control, and other health promoting activities.
4. Support and encourage individuals, civic groups, professional associations, and other organizations to promote personal health and fitness.
5. Identify local fitness and health resources and facilitate their involvement in the promotion of fitness and health activities.
6. Recognize outstanding programs, contributions and individual achievements in physical fitness and health promotion.
7. Submit an annual report to the city council.
8. Assist schools, businesses and other organizations in developing and implementing physical fitness and health promotion programs.
9. Work in concert with City administration in preparation and submission of grant requests.

In 1999–2001 the planning process for the Activity & Recreation Center was underway and this committee was instrumental in helping build community and ultimately voter support for the ARC. Many activities were planned by the Mayor's Council with P&R staff providing support. About 12-14 years after the ARC was completed, the number of applicants to the



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Mayor's Council decreased, which impacted the Council's ability to conduct activities and events. Unfortunately, it became increasingly difficult reaching a quorum of 9 members based on the established 17 member commission.

In 2014, the Mayor's Council met one time. In 2015 the commission did not meet. In 2016 and 2017 the commission met two times each year. However, starting with the February 6, 2018 meeting, the Mayor's Council has been meeting at their regularly scheduled date and time. About 11-13 members have regularly attended these meetings, but there is a concern that as the summer months approach, reaching a quorum may be difficult. Additionally, the current members would like to review their by-laws to add monthly meetings instead of meeting every other month and match current language as found in other commissions.

At their April 3, 2018 meeting, the Mayor's Council voted to seek City Council permission to reduce their official membership from 17 to 13 members. There are two vacancies on the Mayor's Council due to resignations and those are the ones that would not be filled. If an appointed Mayor's Council member's term expires, those will be advertised and replaced. If the Mayor's Council selects to do so, enforcement of the attendance policy could result in further vacancies.

If the City Council is agreeable, staff will cease advertisement of vacancies due to resignation or forfeiture, and when the goal of 13 members is reached, return with a request to revise the legislation that officially establishes the Mayor's Council of Physical Fitness and Health membership.

Fiscal Impact

Short-Term Impact: NA

Long-Term Impact: NA

Strategic & Comprehensive Plan Impact

Strategic Plan Impacts:

Primary Impact: Social Equity, Secondary Impact: Not Applicable, Tertiary Impact: Not Applicable

Comprehensive Plan Impacts:

Primary Impact: Livable & Sustainable Communities, Secondary Impact: Not applicable, Tertiary Impact: Not Applicable

Legislative History

Date	Action
03/01/1999	Resolution R44-99 Establishing the Mayor's Committee on Physical Fitness and Health.



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Suggested Council Action

If Council concurs to reduce the membership of the Mayor's Council on Physical Fitness and Health from 17 to 13 members, staff should be directed to not advertise vacant positions due to resignation or forfeiture; and to bring back legislation to reduce the number of members required.