



# City of Columbia

701 East Broadway, Columbia, Missouri 65201

Department Source: City Manager

To: City Council

From: City Manager & Staff

Council Meeting Date: September 2, 2025

Re: Authorizing a contract and appropriating funds for TMT Consulting, LLC. For trauma informed and community mental health training services.

## Executive Summary

Authorizing a contract and appropriating funds for TMT Consulting, LLC. For trauma informed and community mental health training services.

## Discussion

Community Mental Health for Practical Community Application Trainings include a total of six, two-hour Adverse Childhood Experiences (ACEs) and Grief Healing trainings & presentations for community members and Neighborhood Opportunity & Community Accountability Proconsul (NOCAP) leaders limited to 30 participants per training.

- Participants will conduct an ACE assessment and connect the basic understanding to communal outworkings.
- Participants will practice identifying how ACEs may influence how individuals respond and react within the community and how the participant responds to various responses from those within the community.
- Participants will identify ways to support those who struggle due to past or current traumas and how to aid in mitigating those trauma responses.
- Participants will be instructed on basic understanding of grief and loss while identifying personal losses.
- Participants will be instructed on the importance of holding the space to heal and given the understanding that grief is a long-term never-ending process.
- Participants will complete a survey concluding the training.

Community Mental Health for Practical Community Application Trainings will be held bi-monthly (every other month) until the limit of six trainings is reached. The first training shall be held prior to October 31, 2025.

Four Neighborhood Opportunity & Community Accountability Proconsuls (NOCAP) areas will be identified and a minimum of one training will be conducted in each NOCAP area. The remaining two trainings will be scheduled if participant numbers surpass thirty in any of the offered trainings or if additional trainings are otherwise desired in any NOCAP area.

In order to schedule the trainings each community will identify a day, week, and time to hold monthly meetings with the training being conducted during the selected timeframe. For example, our current near east community meets the fourth Tuesday of the month at 6 pm.



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## Fiscal Impact

Short-Term Impact: Contract not to exceed \$21,000

Long-Term Impact: Unknown at this time.

## Strategic & Comprehensive Plan Impact

### [Strategic Plan Impacts:](#)

Primary Impact: Safe Community, Secondary Impact: Inclusive and Equitable Community,

Tertiary Impact: Tertiary

### [Comprehensive Plan Impacts:](#)

Primary Impact: Livable & Sustainable Communities, Secondary Impact: Secondary, Tertiary

Impact: Tertiary

## Legislative History

Date	Action
	N/A

## Suggested Council Action

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