



City of Columbia, Missouri

Meeting Agenda

Mayor's Council on Physical Fitness and Health

Thursday, March 5, 2026
4:30 PM

Regular

ARC Meeting Room
1701 W Ash
Columbia, MO

I. CALL TO ORDER

II. APPROVAL OF AGENDA

III. APPROVAL OF MINUTES

Attachments: [Feb 2026 minutes.pdf](#)

IV. TREASURER'S REPORT

V. OLD BUSINESS

- Review of Winter Well-Being Expo
- Discuss Mayor's Awards
- Bike, Walk and Wheel Week: Mayor's Mile and Breakfast Station

VI. GENERAL COMMENTS BY PUBLIC, MEMBERS AND STAFF

VII. NEXT MEETING DATE

- April 2, 2026

VIII. ADJOURNMENT

Members of the public may attend any open meeting. For requests for accommodations related to disability, please call 573.874.CITY (2489) or email CITY@CoMo.gov. In order to assist staff in making the appropriate arrangements for your accommodation, please make your request as far in advance of the posted meeting date as possible.

USB DRIVES PROHIBITED: A speaker who desires to display a presentation must upload the presentation, in advance, to the city network using an upload portal. To upload your files and learn more, visit [CoMo.gov/upload](#).