



City of Columbia, Missouri

Meeting Agenda

Mayor's Council on Physical Fitness and Health

Thursday, January 8, 2026
4:30 PM

Regular

ARC Typhoon Room
1701 W Ash
Columbia, MO

I. CALL TO ORDER

II. INTRODUCTIONS

III. APPROVAL OF AGENDA

IV. APPROVAL OF MINUTES

Attachments: [Dec 2025 minutes.pdf](#)

V. TREASURER'S REPORT

VI. OLD BUSINESS

Winter Well-Being Expo: Room layout, vendor update, marketing update
Mayor's Council awards: application process, judging rubric

VII. GENERAL COMMENTS BY PUBLIC, MEMBERS AND STAFF

VIII. NEXT MEETING DATE

Feb. 5, 2026

IX. ADJOURNMENT

Members of the public may attend any open meeting. For requests for accommodations related to disability, please call 573.874.CITY (2489) or email CITY@CoMo.gov. In order to assist staff in making the appropriate arrangements for your accommodation, please make your request as far in advance of the posted meeting date as possible.

USB DRIVES PROHIBITED: A speaker who desires to display a presentation must upload the presentation, in advance, to the city network using an upload portal. To upload your files and learn more, visit CoMo.gov/upload.