# Mayor's Council on Physical Fitness and Health

Activity & Recreation Center (ARC) 1701 W. Ash Street, Columbia, Missouri Thursday, Nov. 3, 2022

### **Meeting Minutes**

Members Present: Sasha Pass, Chris Hawf, Candace Rodman, Liz Harrison, Teresa Gooch, Amanda Vaughan, Robert Walker, Susie Miller Members Absent (excused): Chad Moller, Kathleen Darchuk, Sean Nevills Members Absent (unexcused): Tyler Travers, Elena Doctor

Staff Present: Brian Higginbotham, Tammy Miller

Call to order: Meeting called to order.

**Approval of Agenda**: Agenda was approved on a motion by Hawf, seconded by Walker, 8-0.

**Approval of Minutes**: Minutes approved on a motion by Vaughan, seconded by Rodman, 8-0.

**Treasurer's report:** Brian Higginbotham reported a balance of about \$5,000.

# **Old Business**

#### Mayor's Awards update

The Council has received only five nominations for the awards.Council members discussed delaying the deadline until Nov. 15 and making a push, or putting it off for a few months. They talked about combining a spring event with the awards. After more discussion, the Council decided to push the deadline to March 1 with potential April ceremony. Tammy Miller said she would notify those who have submitted nominations to inform them and see if they wanted to resubmit the nomination or hold it. Council members discussed ways to spread the word including: press release, Peachjar, KFRU, KOMU, Paul Pepper, KBIA, flyers, social media and the City Source newsletter.

#### Mayor's Mile

Chair Sasha Pass said she met with Mayor Buffaloe and she is in support of a Mayor's Mile event. They also talked about the Mayor attending a meeting but she may not be able to attend any that are coming up.

The Council discussed potential dates of a future event, focusing on a weeknight starting at about 5 p.m. Pass said it would potentially start at the Keyhole in front of City Hall and in lieu of an admission price, there would be a donation to a charity to be determined.

The Council discussed event details such as potential street closures. Gooch said those would have to be determined sooner rather than later. Harrison suggested maybe planning it as a precursor to the annual Bike, Walk and Wheel Week; she suggested

May 3 as a potential date. The Council agreed that it would be too complicated to hold the Awards and event at the same time, and to keep them separate. Council discussed reaching out to race organizers to get some guidance. Pass asked that the Council be prepared to discuss at the December meeting and set a plan in place.

### General Comments by Public, Members and Staff

None.

# **Next Meeting:**

Thursday, Dec. 1, 2022 at 4:30 p.m.

**Adjournment:** Meeting adjourned at 5:25 p.m. on a motion by Rodman, seconded by Susie Miller.