

**Mayor's Council on Physical Fitness and Health
Awards Subcommittee Meeting**

Activity and Recreation Center (ARC)
1701 W. Ash Street, Columbia, Missouri
Friday, Oct. 18, 2019, 12 p.m.

DRAFT Meeting Minutes

Members Present: Sasha Pass, Chris Hawf, Lisa Kinser, Liz Harrison, Teresa Gooch

Members Absent (excused): None

Members Absent (unexcused): None

Staff Present: Brian Higginbotham, Tammy Miller

Call to order: Meeting called to order at 12 p.m.

Approval of Agenda: The agenda was approved on a motion by Hawf, seconded by Kinser. Motion passed 4-0.

Approval of Minutes: The minutes were approved on a motion by Hawf, seconded by Kinser. Motion passed 4-0.

2019 Awards

(Harrison arrived).

Judge applications

The subcommittee decided to review each application together and discuss each one. Higginbotham read the applications, using the applicant's first name only. If a subcommittee member felt they knew a nominee, they recused themselves from the discussion.

The subcommittee reviewed each application, some of which were nominated multiple times. The categories discussed were weight loss/management, mentor, volunteer, fitness, tobacco cessation and mental health/behavioral.

Several of the nominees fit into several categories. There were a couple of applications that did not have very much information about the nominee. Higginbotham indicated he had reached out to the nominator to get more information but had not received anything. (Gooch had to leave the meeting).

The subcommittee discussed giving a merit award to all the nominees except for the two applications that did not have very much information. Rather than awarding per category, since they all fit so many areas, the awards will be an overall merit award. The subcommittee expressed they would prefer highlighting the individual rather than the award

Hawf made a motion, seconded by Kinser, that awards will be given to (first names

only): Kelly, Valerie, Rachel, the Fab Five (group of five ladies), Janine, Pai, Jamie, Nina, Brad, Bob, Michele, Chelsea and Amy.

Plan for this year's awards

The subcommittee agreed to meet again to plan logistics of the ceremony and bring the plan to the full Council. The next subcommittee meeting will be at 11:30 a.m. on Oct. 30. The subcommittee will bring a report back to the full Council on Nov. 7.

Meeting adjourned at 1 p.m.

Minutes submitted by Tammy Miller.