

Mayor's Council 2020 ideas	
Events discussed tentatively are	
Bring Your Own Big Wheel in February	
Glow Zumba in April	
Bike Walk and Wheel breakfast station in May	
Farmers Market booth in June	
Family Fun Fest event in July	
Glow Zumba in October	
annual awards in November	
<u>Ideas submitted by Matt Ogle:</u>	
Follow Austin TX lead with mission and goals	www.mhfcaustin.org
Corporate challenge, idea from Temple TX, series of events that allow businesses to compete, encourage activity and team building	
Set goal for Columbia to walk a million miles (Tucson AZ idea)	https://www.mayorrothschild.com/initiatives/health-and-wellness/tucson-moves-a-million-miles/
Bike to school or walk to school day or week. Bike to work week is pretty well known, but the number of kids biking or walking to school has decreased dramatically. Perhaps local bike shops or businesses could donate gifts (fruit, water bottles, etc)	
Ask students in schools what they'd like to see/do to promote health and wellness. Send surveys out via social media for feedback/input.	
High school health fairs	
AgPark healthy food event (after phase 2)	
<u>Ideas submitted by Karen Reider:</u>	
Mayor's minute on radio highlighting wellness events	
Prizes for visiting parks	
Mayor's Mile challenge	

2019 schedule	
April 27 – Booth/activity at Farmers Market new location opening	
May – Co-host breakfast station at Flat Branch Park during Bike, Walk and Wheel Week (possibility of adding a jump rope activity or some simple activity)	
June – Farmers Market booth	
July 17 – booth at Parks and Recreation's Family Fun Fest event at Cosmo Park	
September – Farmers Market booth	
October - Glow Zumba / Bring Your Own Big Wheel event	
November – Awards	