

Mayor's Council on Physical Fitness and Health
Activity & Recreation Center (ARC)
1701 W. Ash Street, Columbia, Missouri
Thursday, Sept. 4, 2025

Meeting Minutes

Members Present: Candace Rodman, Chris Harrison, Liz Harrison, Sasha Pass, Susie Miller, Teresa Gooch, Robert Walker, Clair Jobes, Leslie DeSha

Members Absent: Jamie Szabo, Julie Calfee, Cathy Dolles

Members Absent (unexcused): Gwendolyn Jones

Staff Present: Tammy Miller, Brian Higginbotham

Call to order: Meeting called to order by Chair Candace Rodman.

Approval of Agenda: Agenda was approved on a motion by Liz Harrison, seconded by Pass, 7-0.

Approval of Minutes: Minutes were approved on a motion by Chris Harrison, seconded by Susie Miller, 7-0.

Treasurer's report:

(Walker arrived, Gooch arrived).

Higginbotham reported a balance of \$4,396 that needs to be spent by end of the fiscal year. Members discussed many potential items including:

Journals for the Winter Well-Being Expo, Mayor's Council directional signs (generic), treadmills, walking pads, bikes and helmets, advertising space to be used later, Farmers Market tokens to be used as giveaways, under desk bike pedals and items for the Columbia Public Schools' indoor recess carts.

After discussion and pricing of items, the Council agreed to purchase an attendance clicker, bikes and helmets up to \$2,000, walking pads up to \$800, under desk pedals up to \$200, juice blender up to \$200, recess cart items up to \$1,000 and journals and signage with anything remaining. Rodman made a motion to that effect, with second by Liz Harrison. Motion passed 9-0. Members will send links to Higginbotham for purchase.

Old Business

Mini grant application

Chris Harrison requested a QR code to put on the flyer to promote the application. Tammy Miller said she would get that over to him to add to the flyer.

Event calendar / marketing

Chris Harrison shared a flyer he had created to distribute for marketing future events. The Council discussed setting a date of April 15, 2026 for the Mayor's Awards. Members made other suggestions for the flyer.

General Comments by Public, Members and Staff

The Council established a subcommittee for planning the winter well-being expo: DeSha, Susie Miller, Chris Harrison, Walker and Gooch (to do tasks).

Tammy Miller reminded the Council that some members' terms will be expiring at the end of November, so there will some application letters going out. Those members are: Calfee, Pass and Liz Harrison.

Next Meeting:

Thursday, Oct. 2, 2025 at 4:30 p.m.

Meeting adjourned at 5:28 pm on a motion by Susie Miller, seconded by Pass.