

**Mayor's Council on Physical Fitness and Health**

Activity & Recreation Center (ARC)

1701 W. Ash Street, Columbia, Missouri

Thursday, Oct. 2, 2025

**Meeting Minutes**

**Members Present:** Candace Rodman, Chris Harrison, Liz Harrison, Sasha Pass, Susie Miller, Teresa Gooch, Robert Walker, Jamie Szabo, Leslie DeSha

**Members Absent:** Julie Calfee, Cathy Dolles, Clair Jobes

**Members Absent (unexcused):** Gwendolyn Jones

**Staff Present:** Brian Higginbotham

**Call to order:** Meeting called to order by Chair Candace Rodman.

**Approval of Agenda:** Rodman requested to add a mini-grant review to the agenda. Agenda was approved as amended on a motion by Liz Harrison, seconded by Susie Miller, 9-0.

**Approval of Minutes:** Minutes were approved on a motion by Susie Miller seconded by Walker, 9-0.

**Treasurer's report:** Higginbotham reported he was able to purchase all items authorized at the last meeting.

**Old Business**

*Discussion promotion of mini-grants*

The Council made a minor change in wording on promotional items.

*Mayor's Council awards planning (April 15, 2026)*

Date is confirmed of April 15. The Council worked backward to set dates. Applications due by March 2, changed the verbiage of the application last year, subcommittee will review and get to the entire council.

Sub committee is Szabo, Susie Miller and Gooch.

*Winter Well-Being Expo planning (Feb. 21, 2026)*

Discussion about need to plan for coffee and some snacks for vendors. Schedule for demonstrations.

Subcommittee: Chris Harrison, DeSha, Susie Miller, Walker, Gooch and Liz Harrison (through November).

*Grant application*

Heather DeRose – Heart of Missouri Girls on the Run, serving third through eighth grade aged girls. Application is for new running shoes. Fits our mission for the grant.

Questions: Candace reach out to find out if the shoes for this season? Next season?

Liz - Move to plan to send \$500 to this group and can change based on responses.

More discussion – maybe a partial grant, motion tabled until questions are answered and will review for November meeting

**General Comments by Public, Members and Staff**

Reminder: October 22nd there is a thank you reception at the MU Health Care Pavilion.

**Next Meeting:**

Thursday, Nov. 6, 2025 at 4:30 p.m.

Meeting adjourned at 5:29 pm on a motion by Liz Harrison, seconded by Gooch.