

Mayor's Council on Physical Fitness and Health
Activity & Recreation Center (ARC)
1701 W. Ash Street, Columbia, Missouri
Thursday, Oct. 5, 2023

Meeting Minutes

Members Present: Candace Rodman, Liz Harrison, Chris Hawf, Teresa Gooch, Susie Miller, Tyler Travers, Julie Calfee

Members Absent (excused): Sasha Pass, Thomas Simmons, Rob Walker

Members Absent (unexcused): Sean Nevills, Kathleen Darchuk

Staff Present: Tammy Miller

Call to order: Meeting called to order.

Approval of Agenda: Agenda was approved on a motion by Hawf seconded by Susie Miller, 7-0.

Approval of Minutes: Minutes approved on a motion by Harrison, seconded by Susie Miller, 7-0.

Treasurer's report: The new fiscal year just began. Brian Higginbotham will purchase items needed for the Winter Well-Being Expo such as giveaways.

Old Business

Report from subcommittee on Winter Well-Being Expo

- Location, logistics, vendors, giveaways, promotion, volunteer needs

The event will be Nov. 4, 9 a.m. to 12 p.m. at the Family Impact Center (FIC). The Council discuss the set up of the event, with vendors filling two rooms.

The Council also discussed the idea of having a food truck or two at the event. After discussion, they decided to not have this year, to keep the event completely free. They may revisit this in future years as the event hopefully grows.

The Council may set up the tent depending on weather, to help attract a crowd from the outside. They discussed layout more in detail.

Volunteers are needed for set up on Nov. 3 starting at 4 p.m. and on Nov. 4 in two or three-hour increments in the morning. Tammy Miller will send a spreadsheet for people to sign up if they are available.

The Council also discussed vendors and specific needs.

New Business

Terms expiring reminder

Tammy Miller mentioned that four members' terms will be up for renewal in November: Darchuk, Nevills, Gooch and Simmons. The City Clerk's office will send correspondence, deadline to reapply will be Nov. 3.

General Comments by Public, Members and Staff

Harrison mentioned that Bike, Walk and Wheel Week will be by May 12-18, 2024 to start planning the Mayor's Mile event. The event will be on the November meeting agenda to discuss in more detail.

Next Meeting:

Thursday, Nov. 2, 2023 at 4:30 p.m.

Adjournment: Meeting adjourned at 5:31 p.m. on a motion by Calfee, seconded by Travers.