

Mayor's Council on Physical Fitness and Health  
Event Subcommittee Meeting  
ARC Conference Room  
1701 W. Ash, Columbia, Missouri  
Wednesday, Oct. 8, 2024  
4-5 p.m.

**Minutes**

**Members Present:** Liz Harrison, Chris Harrison, Chris Hawf, Robert Walker

**Members Absent (excused):**

**Members Absent (unexcused):**

**Staff Present:** Tammy Miller, Brian Higginbotham

**Call to order:** Meeting called to order.

**Approval of Agenda:** Agenda was approved on a motion by Chris Harrison, seconded by Chris Hawf, 4-0.

**Approval of Minutes:** Minutes were approved on a motion by Walker, seconded by Liz Harrison, 4-0.

**Plan Winter Well-Being Expo**

Members discussed proceeding with the Expo Nov. 2 or delaying it. Harrison has made direct contact with at least 50 vendors. Four vendors have signed up via the Google link.

Members discussed waiting until the vendor deadline of Oct. 18, to see if more have committed to attend. Liz Harrison said the amount of vendors last year was 16. Members discussed having at least 15 vendors committed by Oct. 18; if not, then the Expo will be postponed.

Liz Harrison will create a sign-up genius link for the rest of the Council to volunteer.

Tammy Miller will request that Sasha Pass create a Facebook page for the Expo.

Next subcommittee meeting if Expo will proceed: Oct. 23 at 4:30 p.m.

Brian has bags, gifts, giveaways and branded speakers. He has ordered a banner that he showed to the group.

Tammy Miller will ask Employee Wellness to share in an upcoming newsletter to City employees.

Signage for ARC...Tammy Miller will see if display case could work out with printed poster and swag.

**General Comments**

None.

**Adjournment**

Meeting adjourned at 4:32 p.m.