Mayor's Council on Physical Fitness and Health

Activity & Recreation Center (ARC) 1701 W. Ash Street, Columbia, Missouri Thursday, Jan. 4, 2024

Meeting Minutes

Members Present: Candace Rodman, Liz Harrison, Chris Hawf, Susie Miller, Teresa Gooch, Julie Calfee, Clair Jobes, Chris Harrison, Robert Walker Members Absent (excused): Lauren McQuade, Sasha Pass Members Absent (unexcused): Gwendolyn Jones

Staff Present: Brian Higginbotham, Tammy Miller

Call to order: Meeting called to order.

Approval of Agenda: Rodman pointed out that the Election of Officers is not on the agenda and asked if it could be added. Agenda was approved as amended on a motion by Susie Miller, seconded by Calfee, 8-0.

Approval of Minutes: Minutes approved on a motion by Chris Harrison, seconded by Calfee, 8-0.

Treasurer's report: Brian Higginbotham reported a balance of \$5,163.

New Business

Election of Officers

Rodman opened the floor for nominations for the seat of Council Chair.

Chris Harrison nominated Rodman, seconded by Calfee. There were no other nominations. Rodman was reappointed chair, 8-0.

(Teresa Gooch arrived).

Rodman then opened the floor for nominations for the seat of Council Vice Chair. Chris Hawf nominated Liz Harrison, seconded by Calfee. There were no other nominations. Liz Harrison was reappointed chair, 9-0.

Old Business

Mayor's Awards: determine date, timeline and distribution of nomination form Members reviewed the new nomination form and discussed plaques or certificates for the winners. They confirmed that there will be one winner per category so there would be six plaques, other nominees would receive nice certificates.

They decided to change the form to accept nominations until March 7, with a ceremony in midto late-April. They discussed potential dates that might work for the Council chambers. Tammy Miller said she would check April 10 or April 17.

Liz Harrison proposed forming a subcommittee to handle some of the details and judging of applications, and made a motion to that effect. Calfee seconded the motion, passed 9-0.

Rodman asked for volunteers for the subcommittee and they are: Chris Hawf, Chris Harrison and Calfee.

Mayor's Mile discussion: determine date and route

Rodman shared an email exchange she had with Lawrence Simonson from Local Motion, which organizes Bike Walk and Wheel Week. The Mayor's Mile will be part of that week. Dates that might work best would be May 11, 18 or 19. Simonson thought a downtown route would work well, and the Council also discussed a starting point of Flat Branch Park. After further discussion, the Council decided on a potential date of Sunday, May 19, to avoid Mizzou and high school graduations. They also discussed having the Mayor's Mile on the MKT, starting at Flat Branch, to simplify the route and avoid any road closures. Tammy Miller will check on availability. Other potential activites may include food trucks and giveaways.

StoryBook follow up

Tammy Miller will follow up with Dr. Rajagopalan regarding the contribution to the Storybook Trail to see if she has determined priority items.

General Comments by Public, Members and Staff

Members who were not at the December meeting made introductions to the new members of the Council.

Josh Holman, member of the public, introduced himself and said he was there to observe the meeting.

Next Meeting:

Thursday, Feb. 1, 2024 at 4:30 p.m.

Adjournment: Meeting adjourned at 5:27 p.m. on a motion by Calfee, seconded by Chris Harrison.