

Mayor's Council on Physical Fitness and Health

Activity & Recreation Center (ARC)
1701 W. Ash Street, Columbia, Missouri
Thursday, Feb. 1, 2024

Meeting Minutes

Members Present: Candace Rodman, Liz Harrison, Sasha Pass, Chris Hawf, Susie Miller, Teresa Gooch, Chris Harrison, Lauren McQuade

Members Absent (excused): Clair Jobes, Julie Calfee, Robert Walker

Members Absent (unexcused): Gwendolyn Jones

Staff Present: Tammy Miller

Call to order: Meeting called to order.

Approval of Agenda: Agenda was approved on a motion by Chris Hawf, seconded by Chris Harrison, 8-0.

Approval of Minutes: Harrison pointed out a mistake, a reference to her appointment as chair, rather than vice chair. Tammy Miller said she would make the correction. Minutes approved as amended on a motion by Chris Harrison, seconded by Pass, 8-0.

Treasurer's report: Treasurer's report not available, but no funds have been expended this month.

Old Business

Mayor's Awards: set date and location, discuss application and promotion, set meeting judging subcommittee

Tammy Miller said she had booked the Council Chambers for Wednesday, April 17. Rooms 1A and 1B were not available, so food could be set up on tables in the lobby, same as last year's event. The Council reviewed the application with a new deadline of March 7. Pass is updating the Google form. Gooch is updating the flyer.

Tammy Miller said she would pitch some dates to the subcommittee for a meeting to discuss the applications.

Gooch found a local online source called Finishing Touches by Kim that does etching for the awards and another potential online source for food, Abby Does Charcuterie.

Liz Harrison made a motion, seconded by Chris Harrison, that the Mayor's Council authorize expenditures of up to \$650 to be spent on plaques and etching, certificates and food for the awards ceremony. Motion passed, 8-0.

Mayor's Mile discussion: date, route, logistics

Rodman conveyed some communication she had with Lawrence Simonson with LocalMotion, who organizes Bike, Walk and Wheel Week. The Mayor's Mile would be Sunday, May 19. The

Council discussed timing, with a 12:30 arrival time, and walk starting at 1 p.m. The Walk would proceed on the MKT Trail.

Tammy Miller said she would block the park for that date and time.

The Council discussed potential food sponsors and either having a registration price or suggested donation of canned food item or charitable contribution. After discussion, the Council decided to ask the Mayor if she has a preferred charity, and in lieu of an entry fee, a participant could make a suggested donation to the Mayor's charity.

New Business

March meeting

Tammy Miller said she would not be at the March meeting and asked if a member could take notes. Liz Harrison said she would be able to.

General Comments by Public, Members and Staff

Liz Harrison commented on the Food Council, a new City board whose goals are improving access to healthy food, equitable food systems and policies. Applications are open now for the Food Council, with appointments made by the Columbia City Council.

Next Meeting:

Thursday, Feb. 1, 2024 at 4:30 p.m.

Adjournment: Meeting adjourned at 5:27 p.m. on a motion by Susie Miller, seconded by Pass.